

## THE MAXWELL &amp; ELEANOR BLUM PATIENT AND FAMILY LEARNING CENTER

# Brain Health for Disease Prevention

How can we take care of our brains and why does it matter? Currently, 3 out of 5 people in the United States will develop brain disease in their lifetime and in many cases, this is preventable. Despite this, brain health is not commonly considered in preventive medicine. If this paradigm were to shift, it could reduce suffering worldwide. In this talk, we will discuss ways to promote brain health and why it is important to do so.

**This online program is free and open to Mass General staff, patients, and the general public.**

**To attend this program, click on this link:**

<https://partners.zoom.us/j/87234760534>

**Please submit questions you may have about the topic before the program to: [PFLC@partners.org](mailto:PFLC@partners.org) so that the speaker may address them during the session.**



**Featured Speaker: Amy Newhouse, MD**

Dr. Amy Newhouse is an internist and psychiatrist at Massachusetts General Hospital and on faculty at Harvard Medical School. She provides interdisciplinary care between the Departments of Medicine and Psychiatry. She is the Program Director for the Behavioral Neurology and Neuropsychiatry Fellowship and part of the leadership team for the Henry and Allison McCance Center for Brain Health.



**Date: Monday, March 21, 2022**

**Time: 12:00 PM - 1:00 PM**

**For more information,  
call 617-724-7352 or**

**email [PFLC@partners.org](mailto:PFLC@partners.org)**